

A PUBLICATION OF HEBREW HEALTH CARE, INC.

HIGHLIGHTS

HIGHLIGHTS is sponsored by TD Bank.



Do you remember the headlines on April 12, 1955?

Salk's Vaccine Declared Safe, Potent and Effective

Polio, Small Pox, Typhoid fever, The Plague, Whooping Cough. These conditions struck fear throughout the world. They killed millions, destroyed families and devastated communities. The world's scientists, researchers and clinicians united to compassionately care for patients before cures were discovered; they worked to find answers while the public covered in fear. Today, these conditions are no longer feared. They are effectively treated, vaccine-prevented, and relevant mostly in history books. **And they are today's inspiration - they give us hope that together we can treat, effectively prevent or completely eradicate Alzheimer's disease.**



HEBREW HEALTH CARE
for health, for life



Dear Friends,

In May, we will 'Celebrate Great Lives' with world-renowned historian, Doris Kearns Goodwin, who will speak about her book, *Team of Rivals: The Political Genius of Abraham Lincoln*. At Hebrew Health Care, we celebrate great living every day – from each person in our care to each organization in our rich constellation of services.

Great organizations aren't born, they're made – made from the hard work and insights of committed stakeholders. Throughout our history, dedicated stakeholders who understood changing community needs have helped us grow, to be responsive, and to live at the heart of the community we serve.

Great organizations can only continue to thrive with the support of the community that made them. They cannot stand alone. They must have the community's gifts of time and treasure in order to keep living the vision and mission which helped make them great.

Hebrew Health Care is more than ever in need of financial support from the community to replace dwindling government reimbursement and preserve the quality and breadth of our care. We need volunteers to share their expertise and caring with us and the people we serve. We need the advocacy of our elected officials on behalf of aging services. We need all of our stakeholders to be involved, committed and steadfast in their support. This year, 'Celebrate Great Lives' offers the opportunity to support Hebrew Health Care on many levels. We hope you are planning to join us for an evening which will truly celebrate all that is best about our great organization. We look forward to celebrating this evening, and many more occasions, with the community that helped make us great.



Richard Rubenstein
Chairman of the Board



Bonnie B. Gauthier
President & CEO



A Picture is Worth a Thousand Words



In the photo above, we see the artist's depiction of "home" as it changes throughout the final stages of Alzheimer's. At first it has great detail; then some detail, yet more abstract; finally, a single home, solid and sure, without a driveway or comfort of surroundings. Sometimes artists are unable to tell us what their paintings mean. The photo below, entitled "Isolation," shows the subject adrift in the ocean or standing in a cloud. Without this method to express feelings, residents may never tether through sharing or feeling resolution.

Residents completed these pieces during **A Fresh Canvas: An Alzheimer's Arts Program.** A Fresh Canvas, funded by the Bella and Max Shulman Family Fund of the Jewish

Community Foundation as well as other donors, is immeasurable as it provides expressive art therapy, music therapy, movement and music groups so that all our patients with dementia - even if just for a moment- can connect with their life, their loved ones and their cherished memories.

With no third-party reimbursement for this type of program, A Fresh Canvas relies solely on monetary contributions. On Sunday, May 5th during HHC's annual event, Celebrate Life, Andy Mandell will auction off celebrity-designed Adirondack chairs in support of A Fresh Canvas. If you are unable to attend Celebrate Life but would like to leave a minimum and maximum bid for a specific chair, please call Madelene Francese at 860-523-3994 or via email at mfrancese@hebrewhealthcare.org. (See list of celebrity-designed chairs on back page.)



Madelene Francese
Vice President of Development

Do you remember the headlines on April 12, 1955?

Salk's Vaccine Declared Safe, Potent and Effective

Continued from Cover... We cannot live in fear any longer. We must face our fears about Alzheimer's and related dementias. Why? Abraham Lincoln said, "If I am killed, I can die but once - but to live in constant dread of it is to die over and over again."

This is the timeline for the significant history of Alzheimer's disease. The symptoms have been described in journals for centuries, yet more than half of the major discoveries and developments have been in the last two decades. Can you feel the anticipation? We are close. This year, Hebrew Health Care joins

the timeline as we promote Aging Care Academy, our dementia care consultation and education programs, and our new Dementia Risk Screen®.

Until scientists find the cure, we have much to do. We need to ensure that families who need support find it (call us for support groups and Cognitive Rehab). We need to continue programs which provide meaning to those at all stages of the disease (support adult day center, effective home care, assisted living and Life Enrichment programs). We need to reach out to the families needing answers to their questions (engage in Aging Care Academy). And we need to do all we can to modify our own risks and minimize the factors which might lead to dementia (get your Dementia Risk Screen today).

Learn about memory disorders and support Hebrew Health Care's strategic initiatives for dementia care. *With public sentiment, nothing can fail; without it, nothing can succeed ~ Abraham Lincoln*

Get your FREE copy of the Alzheimer's timeline and your FREE and confidential Dementia Risk Screen by emailing patwood@hebrewhealthcare.org.



Making Wishes Come True

The last thing Elaine Weinstein wanted to do was spend her 60th wedding anniversary getting rehab on Hebrew Health Care’s subacute unit. However, when she found herself there, her husband, Saunder, and her son, Craig, were not about to let that get in the way of a celebration. Both enlisted the help of Volunteer Resources Director, Ruthan Wein, to arrange a celebration that their whole family could enjoy.

After much coordination with Lou Roca, Executive Chef, and feedback from the family, a lovely celebration befitting the occasion was set. More than 20 family members attended coming from as far as Oregon; and for those who couldn’t be there, the family used HHC’s WiFi to Skype so everyone could feel a part of the day.

After all the food was eaten, the cake served and enjoyed, Elaine had only to say, “It was magnificent. There wasn’t one thing wrong. The food was great. Everything was perfect! It felt like we were in a fancy restaurant.”

Elaine and Saunder, Mazel Tov!



Craig Weinstein with his sister and brothers, (L to R) Ellen Weinstein-Gold, Paul Weinstein and Peter Weinstein, celebrate their parent’s, Elaine (seated) and Saunder (standing far right), 60th Anniversary at Hebrew Health Care.

STAFF FOCUS

Hebrew Community Services

The last few months have been busy and exciting time for Hebrew Community Services – we have added several talented members to our staff, as well as promoting internal staff to new positions.



Christine Waldie, our current Director of Hospice Services, has been promoted to Home Health Agency Administrator.



Tracy Dolin-Collins, who was part of our admissions department, has taken on a new challenge – she is now part of the Hospice team as a Primary Care Nurse.



The ALSA at the Retreat has 3 new team members who started over the past month: **Karen Hull, Mary Kate Waltenius., and Juliet Stephens.**



Nancy Olivera, the agency’s Clinical Supervisor, retired on March 1st. *Best of luck!*



Ria Van Hoof, PT, has been promoted to Therapy Manager for the Home Health Agency.



Due to Christine’s promotion, we are eagerly awaiting the new Director of Hospice who is scheduled to start in early April.



Our new Supervisor of Clinical Services is **Elaine Simms-Walton.**



Stephani Shivers, OT, will be starting her new role as Cognitive STARTS Coordinator, for our new Occupational Therapy based program for clients with dementia.



The SummerWood ALSA team has a new Manager—**Julie Panek**, who comes to us with many years of assisted living experience.



Joanne Adami, one of our dedicated Hospice nurses, has been promoted to Quality and Intake Coordinator for the Home Health Agency.



These are all very exciting changes for the agencies and we welcome all our new employees as well as congratulating our internal employees on their changing roles!

From the Auxiliary Co-Presidents...

It is hard to believe that April has arrived and we have several months ahead filled with wonderful Auxiliary sponsored events. But first we want to share that in December; we had a very warm Holiday Gathering/Meet and Greet for prospective members held at an Auxiliary Member's Home. We introduced and welcomed several new members to our group while embracing the true meaning of what the Auxiliary Represents, "A group of woman brought together by the common bond we share; our passion for the Residents of the Hebrew Home." At this gathering, we took a moment of silence to remember and honor all who perished at Sandy Hook School and we voted that evening to make a \$500 donation of school supplies to Sandy Hook on behalf of the Auxiliary of Hebrew Health Care.

Moving into the spring, we continue to volunteer at Loaves and Fishes Soup Kitchen, the next two visits will be on April 4th and May 2nd from 10:15-12:30; volunteers are always needed and greatly appreciated. We are holding our Annual Card Party on Thursday April 25th at 7pm at HHC; please join us for a fun evening of games. On May 7th at 1:45 we sponsor our Annual Resident Mother's Day Party and on May 3rd, our Annual Baubles and Bags sale. And, on June 10th, we host our Annual Resident Father's Day Party/Strawberry Festival at 1:45. As you can see we have lots of fun and exciting things going on!

Lastly, we are excited to announce a new fundraiser, Ort for Honey! By supporting Ort for Honey, you will have the opportunity to order a special gift (an adorable jar of honey to ring in a sweet new year) which automatically ships to your loved ones for Rosh Hashanah. More information will be coming soon.

Please don't forget to come out and volunteer for our Resident's Parties. Any extra helping hands to hold a Resident's hand on these days is worth a thousand words. Your time and love are most valuable!

*Peace and Love,
Lisa and Pia, Co-Presidents*



Lisa Snyder Berman
Co-President, Auxiliary



Pia Rosenberg Toro
Co-President, Auxiliary



Outpatient Rehabilitation: In Your Community or Ours...



**HEBREW
REHABILITATION
GROUP**
for health, for life

Hebrew Rehabilitation Group's Outpatient Rehabilitation Services offer the most comprehensive programs and services which provide occupational therapy, physical therapy and speech therapy to adults of all ages. Patients may require a single service or multiple services.

Our team is dedicated to promoting recovery and preventing re-injury so patients can achieve their goals and return to an active lifestyle. We utilize a therapist/patient team approach to help you set and achieve realistic goals and facilitate each patient's return to the highest level of activity. ***For more information, please contact us at 860.523.3860.***

Celebrate Life!

On Sunday, May 5th during our Celebrate Life event, Andy Mandell will auction off one-of-a-kind celebrity-designed Adirondack chairs. All proceeds will support A Fresh Canvas: An Alzheimer's Arts Program. The auction is generously sponsored by Hoffman Lincoln. **If you are unable to attend Celebrate Life but would like to leave a minimum and maximum bid for a specific chair, please call Madelene Francese at 860-523-3994 or via email at mfrancese@hebrewhealthcare.org.**



Below is a current list of participating celebrities.

♥ **The Today Show Hosts**

♥ **Elisabeth and Tim Hasselbeck**, host of *The View* and NFL Analyst and former NFL Player

♥ **Don Hasselbeck**, NFL Superbowl Champion (LA Raiders)

♥ **Henry Schneiderman, MD**, artist and published poet

♥ **Karen Rossi**, world-renowned metal sculptor

♥ **Ann Rosow-Lucchesi and Bruno Lucchesi**, internally known sculptors

♥ **Robert Andrew Parker**, artist, illustrator, writer

Hebrew Health Care

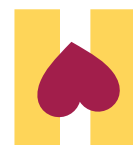
what's news



www.hebrewhealthcare.org
860-523-3800
1 Abrahms Boulevard
West Hartford, CT 06117

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