







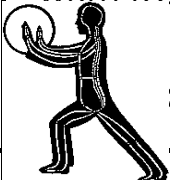




Hebrew Senior Care Senior Day Center
MARCH Activity Calendar 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p align="center">DAILY ROUTINE</p> <p>8:00 AM SNACK 10:00 CURRENT EVENTS 11:30 EXERCISE 12:00 LUNCH 2:00 PM SNACK</p> <p align="center">~~~~~</p> <p align="center">** Programs are Subject to Change**</p> |  | <p align="center">~~~~~</p> <p align="center">PROGRAM CODES: (L)= LIBRARY (R)= CRAFT ROOM (YN)= SYNAGOGUE (M)= Multipurpose Room (H)=GREEN HOUSE</p> <p align="center">~~~~~</p> | <p align="center">1 PURIM</p> <p>*10:30 COUNCIL MEETING THE STORY OF ESTHER (CR)</p> <p>*1:00 EXERCISE CLASS WITH MARY SCRABBLE (CR)</p> | <p align="center">2</p> <p>*10:30 AESOP'S FABLES SEATWORKS : EXERCISE</p> <p>*1:00 BINGO AFTERNOON RELAXATION</p>  |
| <p>5</p> <p>*10:30 SEARCH AND FIND SIMON SAYS: EXERCISE</p> <p>*1:00 NATURE WALKS PENNY ANTE</p> | <p>6</p> <p>*10:30 LATERAL THINKING PUZZLES RELAXING WITH REIKI (CR)</p> <p>*1:00 INSPIRATIONAL THOUGHTS (CR) MUSIC BY LARRY BATTER IN THE SDC</p>  | <p>7</p> <p>*10:30 BINGO MEMORY MATCH</p> <p>*1:00 WOMEN OF HISTORY YESTERDAY AND TODAY</p> | <p>8</p> <p>*10:30 MUSIC APPRECIATION KNITTING AND CROCHETTING (CR)</p> <p>*1:00 DANCING DOLLS VARIETY SHOW</p>  | <p>9</p> <p>*10:30 CONCENTRATION (SB) WALKING CLUB</p> <p>*1:00 TABLE GAMES MANICURES</p>  |
| <p>12</p> <p>*10:30 WRITER'S CORNER FOLLOW THE LEADER</p> <p>*1:00 CREATIVE WORD GAMES SHUFFLE BOARD</p> | <p>13</p> <p>*10:30 GARDEN PLANING GROUP (CR) TABLE GAMES</p> <p>*1:00 KNITTING AND CROCHETTING (CR) FAMILY FEUD</p>  | <p>14 OUT TRIP</p> <p>*10:30 SHOPPING AT OSJL OLD TIME RADIO SHOW</p> <p>*1:00 "PI" SOCIAL</p> | <p>15</p> <p>*10:30 RELAXING WITH REIKI (CR) FUN WITH FITNESS DICE</p> <p>*1:00 SING-A-LONG WITH REBRA (CR) EXERCISE CLASS WITH MARY</p> | <p>16</p> <p>*10:30 BASKETBALL CHAMPIONSHIP HISTORY</p> <p>*1:00 LUCKY BINGO DESIGNER DIGITS</p>  |
| <p>19</p> <p>*10:30 EVERY PICTURE TELLS A STORY AEROBICS FOR THE MIND</p> <p>*1:00 SIGNS OF SPRING NATURE WALK DOMINOS CHALLENGE</p>  | <p>20 FIRST DAY OF SPRING</p> <p>*10:30 BINGO KEENAGERS BIBLE STUDY (CR)</p> <p>*1:00 CREATIVE ART CLASS (CR) SIGNS OF SPRING NATURE WALKS</p> | <p>21</p> <p>*10:30 TAI CHI EXERCISE WALKING CLUB</p> <p>*1:00 WORKING WITH WATER COLORS PUZZLING PUZZLES</p> | <p align="center">3.1415926</p> <p align="center">π</p> <p align="center">Pi Day!</p> <p>22 OUT TRIP</p> <p>*10:30 MYSTERY RIDE WRITER'S CORNER (CR)</p> <p>*1:00 WITH REIKI (CR) HAIR TOUR</p>  | <p>23</p> <p>*10:30 DAY CENTER MOVIE PT1 MANICURES</p> <p>*1:00 DAY CENTER MOVIE PT2 EXPLORING NATURE</p> |
| <p>26</p> <p>*10:30 AN APPLE A DAY CHAIR WORKOUTS</p> <p>*1:00 BINGO COGNITIVE CHALLENGE</p>  | <p>27</p> <p>*10:30 DARING DARTS REMINISCE : SNICKERS THE DOG (CR)</p> <p>*1:00 SCRABBLE (CR) MUSIC APPRECIATION</p> | <p>28</p> <p>*10:30 BIO OF SAM WALTON BASEBALL TRIVIA</p> <p>*1:00 EXPLORING NATURE SHAKE OUT THE TRUTH</p> | <p>29</p> <p>*10:30 GIFTERS CIRCLE (CR) SEATWORKS : EXERCISE</p> <p>*1:00 SHAKE OUT THE TRUTH KEENAGERS BIBLE STUDY (CR)</p> | <p align="center">30</p> <p align="center">SENIOR DAY CENTER IS CLOSED FOR GOOD FRIDAY</p>  |