

HIGHLIGHTS

A PUBLICATION OF HEBREW HEALTH CARE, INC.



Hebrew Health Care installs Gary R. Schwartz, Chairman of the Board

On Wednesday, December 2, 2009, Hebrew Health Care held its Annual Meeting and Board Installation which included a “changing of the guard.” Nearly a hundred board members, management staff and special community guests were in attendance to recognize the organization’s events, programs and accomplishments for 2009 and to install new officers and trustees onto the Board. Attendees enjoyed a warm reception with wine and hors d’oeuvres which offered guests a chance to mingle before the meeting convened.

The 2009 Annual Meeting marked the installation of a new Chairman of the Board of Trustees, Gary R. Schwartz. In his message, Schwartz remarked, “This new responsibility will be marked as one of the greatest joys in my life, as I stand

Newly installed Officers of the HHC Board, standing, left to right: Gideon Rutenberg, Brad Hutensky and David Houle. Seated, left to right: Gene Rosenberg, Gary Schwartz, Bonnie Gauthier and Judy Rosenthal.



HEBREW HEALTH CARE
for health, for life

Dear Friends,

Babe Ruth said, "It's hard to beat a person who never gives up." Hebrew Health Care's 109 year history is proof of that statement, and of our commitment to our community's elders. With a new slate of officers and trustees in place, offering fresh ideas and perspectives, comes a renewed passion and a sense of purpose around our century-old mission. As we begin 2010, we have three major goals to help us preserve Hebrew Health Care's role as a leader in aging health services.

First, we must create a strategic plan that will identify new ways to meet the needs of those we serve, while keeping us financially strong. To that planning we bring our philosophy of GeriCentric Care, in addition to seeing each family individually, listening to their unique needs, and helping them with often difficult decisions.

Second, we need to increase community awareness of our services.

Developing a comprehensive marketing plan that integrates traditional tools with the new opportunities afforded by the Internet will help us achieve this goal. We will reach out to the Greater Hartford community, including our fellow Jewish community agencies, other human service and health care organizations, the clergy and other medical professionals working with older adults. Working together, we can help many more who need our services.

Third, we will work to educate and engage our own Trustees, Corporators, Auxiliaries and other volunteers, corporate sponsors, staff members, residents, clients and families. These important groups are our natural ambassadors and the foundation of our future. We are fortunate to enjoy their support.

We have a new team and a bright future! We are a community asset which needs the support of the entire community. We invite you to become involved at Hebrew Health Care and be a part of our success. There is so much you can do. Help spread the word about how our services support families in need. Contribute financially to strengthen our programs and our endowment. Volunteer your time and expertise. Join us, and share the pride and reward of helping others in need.



Gary Schwartz

Chairman of the Board



Bonnie B. Gauthier

President & CEO



Hebrew Health Care Establishes 1901 Society

Hebrew Health Care has touched the lives of thousands of families for more than a century. The notion that caring for our elderly is a shared responsibility is best demonstrated by those people who have made a planned gift to HHC. What better way to demonstrate acknowledgement of shared responsibility than by making a gift that has an impact beyond your own lifetime?

In an effort to recognize those individuals who have made this leadership commitment to leave a Jewish legacy, we have established the 1901 Society as HHC's legacy gift club. Members of the 1901 Society join our work in perpetuity as

their loyal commitment enables us to keep the promise to care for our elderly. In the next issue of the Donor Heartbeat, we will recognize current members of the 1901 Society. In an effort to ensure the accuracy of this donor listing, please contact me at 860-523-3994 or via email at mfrancese@hebrewhealthcare.org if you have not informed us that you have included HHC in your estate plans, or if you would like further information.



Madelene Francese
Vice President of Development



Hebrew Health Care installs Gary R. Schwartz, Chairman of the Board

Continued from Cover... here and look at every single person in this room I know that my mission is to help others who are in crisis, to assure that the mission of Hebrew Health Care is carried out and that we focus on what we came here to do; and that is to lead aging services through innovative programs and quality care."

The program included opening remarks from Outgoing Chairman, Richard C. Robinson; President's message and welcome by Bonnie B. Gauthier; committee and affiliate reports; installation of Board Members and Officers and an awards ceremony. Two Hebrew Health Care Board Members, Roz Bobrow Hahn and John D. Shulansky, were recognized with the Spirit of Hebrew Health Care Award for their involvement and dedication to the organization. Staff recognition through this same award was

given to Amina Weiland, Administrative Assistant, for her overall excellence in the workplace. After the meeting, guests were treated to a sumptuous array of desserts. Many attendees lingered after the meeting to congratulate both incoming and outgoing trustees and officers and to continue to enjoy the warmth and conviviality of the evening.

Also installed with Mr. Schwartz were First Vice Chairperson, Gideon Rutenberg; Vice Chairperson, Linda F. Cohen; Vice Chairperson, Gene Rosenberg; Assistant Vice Chairperson, Judith R. Rosenthal; Vice Chairperson/ Secretary, Brad M. Hutensky; President and CEO, Bonnie B. Gauthier; and Executive Vice President and CFO, David A. Houle. Nineteen other individuals were installed on the Board of Trustees to serve one, two or three year terms.

Adult Day Services Helps Centenarian Stay Independent

Winnie Laing joined the Adult Day Center at Immanuel House at the auspicious age of 97. Now, three years later, we are proud and happy to help her celebrate her 100th birthday!

Born in Jamaica in 1910, Winnie came to the United States in 1974 and became a citizen ten years later. Winnie lives with her family in Hartford, and she attends Day Center five days per week. The Day Center offers her meals, social and recreational activities in a safe, welcoming environment. She most enjoys music and dancing, and she has fun doing just about anything at the Center. She is a proud mother of 3, and brags about her 14 grandchildren and 10 great-grandchildren. When asked about her secret to a long and independent life, she remarked, "I learned to let go of the small stuff."



May all your birthday wishes come true!



3 Individuals Honored with

Spirit of Hebrew Health Care Awards

Hebrew Health Care recognized one staff and two board members with the Spirit of Hebrew Health Care Award. Established in 2005, this award honors staff and board who demonstrate unfailing commitment and extraordinary efforts to further HHC's mission. This year, staff member Amina Weiland was recognized for her overall excellence in the workplace. Board members Roz Bobrow Hahn and John D. Shulansky were acknowledged for their involvement and dedication to the organization.

Top photo: Gideon Rutenberg, First Vice Chairperson, presents Roz Bobrow Hahn with her award. Middle photo: Pamela Atwood, Director of Life Enrichment and Dementia Care Services with Administrative Assistant, Amina Weiland and her husband Chris. Bottom photo: Honoree John Shulansky flanked by Gideon Rutenberg, First Vice Chairperson, and Bonnie Gauthier, President and CEO.

Dear Friends,

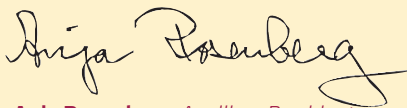
My first few months as President have been a whirlwind. So many positive and exciting things have taken place and 2010 has taken off full steam ahead!

The Auxiliary has volunteered twice for Loaves and Fishes and also donated new socks and mittens. We had a successful Resident Hanukkah Party. All enjoyed the entertainment and happily accepted a gift of colorfully decorated tissue packets!

This month we are participating in the Tikkum Together Project, with a commitment from each Auxiliary Member to Volunteer extra hours at the Home. We had a very exciting "Blingo" game night which raised over \$600.00. The event included Bingo, sale of beautiful jewelery by Lia Sophia, jewelry prizes for Bingo winners and a Cash for Gold table.

We look forward to the upcoming Women's Seder with Debbie Friedman on March 2nd at the Emanuel Synagogue. The Auxiliary has sponsored a table at this event so residents may attend. In April we look forward to another successful Card Party!

I am looking forward to all these wonderful mitzvahs, achievements and milestones for 2010!



Anja Rosenberg, Auxiliary President



CLINICAL CORNER

Hebrew Health Hospice

Hospice is a concept rooted in the centuries-old idea of offering "hospitality" to weary and sick travelers on a long journey. Dame Cicely Saunders at St. Christopher's Hospice in London first applied the term "hospice" to specialized care for dying patients. Hospice is a philosophy of care with a viewpoint that accepts death as the final stage of life; it affirms life and does not hasten death. The goal of hospice is to provide compassionate care for people in the last phases of incurable disease so that their last days may be spent with dignity and quality, treating the person, not the disease, and focusing on quality and not length of life. HHC is proud to provide this much needed care for all we are called upon to serve.



HEBREW REHABILITATION GROUP

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Hebrew Rehabilitation Group will now offer rehabilitation services at Seabury Retirement Community. Beginning in January, 2010, the Hebrew Rehabilitation Group will provide physical, occupational and speech therapies to inpatients, outpatients and home care clients of the Seabury community. Located in the clinical services area on the Seabury Campus, Hebrew Rehabilitation Group staff are available to treat Seabury members 7 days per week. For more information, please contact Irene Blumenthal, Director of Rehabilitation Services at 860-523-3861.

Laughter

IS THE BEST MEDICINE!



Jeannine Jean-Pierre shares a laugh with her daughter Marcelle.



The World Laughter Tour has hit Hebrew Health Care! In January, residents and families laughed, sang and exercised with laughter therapy, a form of light exercise with proven health benefits.

Studies indicate we need 100 laughs a day for good health, but on average adults laugh fewer than 10 times a day. Laughter therapy offers a safe environment for simulated therapeutic laughter exercises. Laughter's psychological benefits are obvious, but physiological benefits include improved circulation, respiration, immunity, and blood pressure. Participants loved the program so much they requested we offer it twice monthly.

The World Laughter Tour has more than 5,000 certified laughter leaders (CLLs). Pam Atwood, Director of Life Enrichment & Dementia Care, recently became a Certified Laughter Leader allowing her to bring a Laughter Club to HHC. Look for information about a 2-day seminar to become a Certified Laughter Leader with Steve Wilson from the World Laughter Tour later this year. ***If you or someone you know are interested, call Ms. Atwood at 860-920-1810.***

Hebrew Health Care

what's news

www.hebrewhealthcare.org

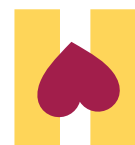
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